"Unraveling the Details on Nutritional Genomics and GI Health"

Saturday November 4, 1:00 PM to 4:00 PM
Venue: Art Institute of CA Orange County
3601 W Sunflower Ave Santa Ana, CA, 92704, Building A: Exhibit & Room-153-154

Organizer Sangeeta Shrivastava PhD, RDN
California Coordinator DIFM: DPG

1:00 PM Registration/Lunch/Networking

1:45 PM Welcome Sangeeta Shrivastava PhD, RDN, DIFM CA Coordinator

1:45 PM - 2:45 PM “Nutritional Influences on Inflammation of GI Disorders”
Diana Noland MPH, RDN, CCN, Owner of Integrative and Functional Nutrition Therapy Private Practice Food Fax, Burbank CA

Learning Objectives:
1. Review the nutritional-related mechanisms of chronic inflammation
2. Identify the two primary nutrient groups that modulate acute and chronic inflammation
3. Name three components of healthy gut ecology that influence nutritional status
4. Consider adding this information for controlling GI inflammation to your nutrition tool box

2:45-2:55 Break/Stretch

2:55PM - 3:55 PM Nutrigenetics, Nutrigenomics, Epigenomics, Oh My!
Cary Kreutzer, EdD, MPH, RDN, FAND, Asst. Clinical Professor, USC Davis School of Gerontology and Keck School of Medicine

Learning Objectives:
By the end of the presentation participants will be able to:
1. Define nutrigenetics, nutrigenomics and epigenomics and their application to nutrition practice.
2. Locate genetic testing resources and understand cost and use.
3. Weigh the pros and cons of direct to consumer genetic testing (legal, ethical, confidentiality).
4. Discuss how consumer nutrigenomics data can potentially be applied, in select situations, to clinical dietetics practice for personalized diet planning.

3:55 PM Closing/Adjourn Sangeeta Shrivastava PhD, RDN

Registration $20 for DIFM members, $30 Non DIFM members $30 include exceptional learning with 2 CEUs and delicious Lunch. follow link: http://integrativerd.org/join/ to join DIFM