The Dietitians in Integrative and Functional Medicine (DIFM) practice group of the Academy of Nutrition and Dietetics (the Academy) has developed Standards of Practice (SOP) and Standards of Professional Performance (SOPP) in Integrative and Functional Medicine. The SOP addresses the Nutrition Care Process (NCP) and activities related to person-centered care. The SOPP are authoritative statements that describe a competent level of behavior in the professional role. The Integrative and Functional Medicine Nutrition Therapy (IFMNT) Radial was established as an integrated conceptual framework to assist in IFMNT practice. The circular architecture of the IFMNT Radial allows for the evaluation of complex interactions and interrelationships. The Radial depicts that food is a determining factor in health and disease and is a source of biological information that influences, and is influenced by, the five key areas. The five key areas are: lifestyle, systems (signs and symptoms), core imbalances, metabolic pathways, and biomarkers. Surrounding the Radial are precipitating factors that can affect the individual. The SOP, along with the IFMNT Radial, is in the June 2011 issue of the Journal of the American Dietetic Association.

You may access the complete Standards of Practice and Standards of Professional Performance for Registered Dietitians (Competent, Proficient, and Expert) in Integrative and Functional Medicine, including the online references, on the website of the Journal of the Academy of Nutrition and Dietetics. For detailed instructions, please follow the steps below:

Click either of the following links:
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American Dietetic Association: Standards of Practice and Standards of Professional Performance for Registered Dietitians (Competent, Proficient, and Expert) in Integrative and Functional Medicine June 2011 (Vol. 111 | No. 6 | Pages 902-913.e23) Deborah Ford, Sudha Raj, Rita Kashi Batheja, Ruth DeBusk, Dave Grotto, Diana Noland, Elizabeth Redmond, Kathie Madonna Swift

Dietitians in Integrative and Functional Medicine www.Integrativerd.org October 2013